



12ನೇ ವಿಪಿಎ ರಾಷ್ಟ್ರೀಯ ಸಮ್ಮೇಳನ



# 12<sup>th</sup> VPA National Convention

Tax ID# 31-1529941



www.myvpa.org

Sheraton Baltimore City Center Hotel, July 1-3, 2011

Hosted by:

VPA-East (Vokkaligara Parishath of America)

ವಿಪಿಎ-ಪೂರ್ವ (ಒಕ್ಕಲಿಗರ ಪರಿಷತ್ ಆಫ್ ಅಮೇರಿಕ)

## Suggested MENU

### Day 1

#### Dinner:

- Appetizer: Chat Papdi / Onion Pakoras, Spring roll,  
Main Course: Averekalu Potato, Eggplant kootu, Soppina Saru,  
Ghee rice, Tawa Parathas  
Kheema green peas & potato, Lamb curry  
Raita, pickle, Salad,  
Fresh Fruits, Mysore Pak

### Day 2

#### Breakfast:

Idli, Vada, Sambar and Chetney

#### Lunch:

Avial, Kadale kalu saru, Vegetable Pulao, Yogurt Rice,  
Bread, Naan  
Lamb Chops, Chicken curry,  
Raita, Pickle, Salad  
Hesarubele payasa, Fresh Fruits

#### Dinner:

- Appetizer: Curry Puff, Aloo Tikki  
Main Course: Mixed Vegetable curry, Mossappu, Vegetable Dum Biryani  
Bread, Puri  
Chicken Chettinad or Chilli Chicken, Lamb Kheema Curry ,  
Raita, Pickle, Salad  
Kheer or Rasamalai or Carrot Halwa, Fresh Fruits

## Day 3

**Breakfast:** Kesari Bath & Uppittu

**Lunch:** Lemon or Veg Fried Rice, Beans Palya, Masala Vada, Sprouted moong dal curry

Ragi Mudde

Chicken fry, Lamb Kurma/Lamb Curry

Pickle, Salad, Raita

Beetroot Halwa , Mango Moose, Fresh Fruits

### **Dinner:**

Appetizer: Paneer Tikka, Chicken 65 (dry) or Chicken Malai Kebab

Main Course: Badanekayi yennegayee, Potato green peas cauliflower kootu

Chicken Chops, Lamb Biryani

Pickle, Salad, Raita

Gulab Jamun , Vermicilli Kheer