

VPA Convention 2011

Women's Forum

Committee: Meena Gowda, Chair
Roopa Gowda

Jayanthi Mittur
Pavithra Kenjige

Hema Bilumane
Narmada Ravindra

Health Care Decisions: Have you made yours? Cardiovascular Disease in South Asian population Parent Child Communication

Date: July 2

Time: 1:30 PM – 3 PM

Making healthcare and financial decisions now that can become effective when you can no longer make them for yourself.

Speaker: *Sigrid C. Haines, Esq.* & Richard N. Ruprecht, Esq.*
Lerch, Early & Brewer
(301) 657-0152 or (301) 657-0154*

Time: 3 PM - 4:30 PM

Cardiovascular disease in South Asian population

Speaker: *George W. Vetrovec, MD*
Kimmerling Professor of Medicine
Division of Cardiology
Pauley Heart Center, VCU Health System
Richmond VA*

Yoga Demonstration to follow presentation, led by Smt. Leelavathi Srinivas

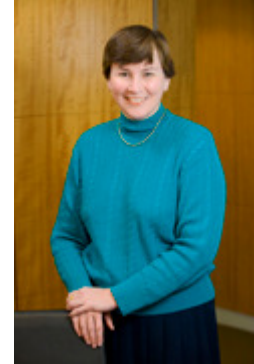
Date: July 3

Time: 9 AM – 10 AM

Parent Child Communication: Developmental Considerations.

Speaker: *Mary Atwater, Psy. D.*
(301) 807-8417*

*See attached Biography of the speakers



Sigrid C. Haines

(301) 657-0152

(301) 347-1781 fax

Education

- Case Western Reserve University School of Law (J.D., 1984)
 - Student Editor, *Health Matrix Law Journal*
- Bucknell University (B.S.B.A. in Accounting, 1981)

Bar Admissions

- Maryland
- District of Columbia
- New York

Sigrid Haines practices law at Lerch, Early and Brewer where she chairs the firm's Elder Law and Health Care groups. She has earned a reputation as one of Maryland's most respected health care attorneys for her representation of hospitals, medical and health-related foundations, health care systems, nursing homes, home health agencies and physicians. She also practices in the guardianship field.

Sigrid counsels hospitals on a broad range of legal matters, including contract disputes and negotiations; hospital privileges and credentials; patient care; policy, licensing, accreditation and regulatory matters; HIPAA issues; medical staff bylaws; and fraud and abuse investigations and litigation. She advises physicians on privileging and credentialing, licensing, payor issues, contracts and peer review activities.

Sigrid represents individuals and institutions in guardianship matters and has been appointed as guardian of property in a number of cases. For clients who are competent, but who recognize that they need assistance, she often serves as attorney-in-fact under a power of attorney to handle financial and health care needs based on her clients' instructions. In fulfilling her duties to the court or to her clients, Sigrid works with both county and private social workers in order

to provide the highest quality of life possible. In addition, she ensures that bills get paid and money is managed efficiently to meet the needs of her clients and wards.

A member of the Maryland, District of Columbia and New York bars, she brings valuable experience as a hospital management consultant to her law practice and is widely viewed as a sharp, watchful and compassionate advocate for her clients.

A member of the Board of Governors of the Maryland State Bar Association, Sigrid has taken an active role its Health Law Section Council since 1993, including serving as the council's chair, vice chair and secretary-treasurer. She is also a member of the American Health Lawyers Association.

Sigrid has been recognized in *Best Lawyers in America* and the Maryland and D.C. editions of *Super Lawyers* in the area of health care. She also has an "AV" rating from Martindale-Hubbell.

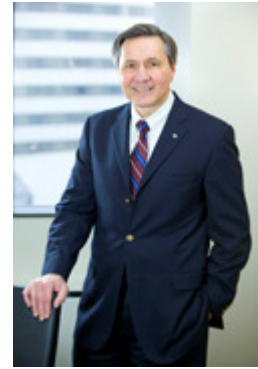
Born in Fayetteville, N.Y., Sigrid graduated from Bucknell University with a Bachelor of Science in Business Administration and earned her *Juris Doctor* from Case Western Reserve University School of Law. She is an avid cyclist who bikes throughout the world. Her most recent bike trip took her through Germany.

Honors and Awards

- Listed in Maryland and Washington, DC *Super Lawyers* (2007, 2009, 2010)

Professional Memberships

- Maryland State Bar Association (Board of Governors 2010-present, Health Law Section 1989-present)
- American Health Lawyers Association (1983-present)



Richard N. Ruprecht

(301) 657-0154

(301) 347-1786 fax

Education

- Georgetown University Law Center (L.L.M. in Taxation, 1986)
- University of Pittsburgh School of Law (J.D., 1980)
- Yale University (B.A. in Economics, *cum laude*, 1976)

Bar Admissions

- Maryland
- District of Columbia
- Pennsylvania

Richard Ruprecht is a Lerch, Early & Brewer attorney who practices in the Estate Planning & Probate and Elder Law groups.

Richard helps people with all aspects of estate planning, including documents such as wills, durable powers of attorney for finance, and advance medical directives that ensure his clients' wishes are carried out if they become unable to express those wishes themselves.

His attention to detail coupled with his ability to discuss complex issues in a straightforward manner— especially when discussing difficult or detailed aspects of estate planning – are appreciated by his clients. Richard works with clients during the estate planning process to help minimize their tax liability and assists them with tax and probate filing needs.

Active in Montgomery County civic affairs, Richard has served as an adult advisor to the Walter Johnson High School Key Club (community service organization) since 1991; as a member of the Miracle League of Montgomery County, Maryland's board of directors (non-profit organized in 2006 to establish a specially designed playing field and league for children and adults with disabilities to enjoy playing baseball); as past distinguished president and current board member of the Kiwanis Club of Bethesda and the Kiwanis Foundation of Bethesda; as event chair of the annual Veterans' Day Observance in Bethesda since 1989; as a volunteer

representative payee for SSI-eligible recipients under the auspices of the Bethesda Cares organization; and as past president of Bethesda Ever Green. He also has taught a Montgomery College course on income taxation of real estate.

Richard was born in Pittsburgh, Pa. After graduating from Yale University with a Bachelor of Arts in economics, with honors, he went on to earn his *Juris Doctor* from the University of Pittsburgh School of Law. He also earned a Master of Laws (LL.M.) in Taxation from Georgetown University Law Center. Prior to joining Lerch Early in 1986, Richard was with the Office of General Counsel, U.S. General Accounting Office, in Washington, D.C. He is admitted to practice in Maryland, the District of Columbia and Pennsylvania.

Richard enjoys spending time with his three adult children when their busy schedules permit. Two of them are pursuing graduate degrees at Clemson and the College of Charleston respectively, while the third is an undergraduate at Texas A&M University.

Professional Memberships

- Maryland State Bar Association
- District of Columbia Bar Association
- Pennsylvania Bar Association
- Kiwanis Club of Bethesda (Foundation Board of Directors, past President)
- Walter Johnson High School Key Club (Adult Advisor 1992-present)

GEORGE W. VETROVEC, M.D.
Kimmerling Professor of Medicine
Division of Cardiology
Pauley Heart Center, VCU Health System
Richmond VA

A native of Ohio, Dr. Vetovec has spent most of his life in Virginia. He received his undergraduate (Phi Beta Kappa) and medical degrees from the University of Virginia in Charlottesville, Virginia. His Internal Medicine and Cardiology Specialty training was at the Medical College of Virginia Campus of Virginia Commonwealth University in Richmond, Virginia where he also served as a Chief Medical Resident. Since 1976, he has been on the faculty of Virginia Commonwealth University achieving the rank of full Professor in 1986. He was elected to AOA as a faculty member in 1986. Dr. Vetovec's major administrative duties include: Chairman of the Division of Cardiology, Director of the Adult Cardiac Catheterization laboratory and Associate Chairman of Medicine for Clinical Affairs.

During his time at VCU, Dr. Vetovec has served in multiple University Leadership capacities including chairing three search committees for Departmental Chairpersons as well as participating in three strategic planning processes. In addition, Dr. Vetovec was an initial member of the restructured MCV Physicians Executive Board. Noteworthy has been his commitment to philanthropy, spearheading 2 fundraising campaigns which have secured over \$15 million in professorships and research funding for the VCU Pauley Heart Center. For his leadership in philanthropy he was presented the first W. Robert Irby Philanthropic Leadership Award by the MCV Foundation. Dr. Vetovec is a current member of the VCU Health System Board.

Dr. Vetovec's scholarly interests involve improving the management of coronary artery disease, particularly related to catheterization and interventional techniques. He has had ongoing funding for clinical trials for over 20 years. He has authored or co-authored over 150 papers, eight book chapters and has edited two texts on interventional cardiology and serves on multiple cardiovascular journal editorial boards. Other major educational achievements include Co-Chairing the ACC/SCA&I Interventional Board Review Program for 5 years as well as the ACC Interventional Program at the American College of Cardiology Annual Scientific Meeting for 2 years. Dr. Vetovec currently serves as a Consultant to the FDA New Cardiovascular Devices Panel and is a member of the Subspecialty Board on Cardiovascular

Disease of the American Board of Internal Medicine, the national qualifying board for cardiovascular specialists.

Dr. Vetrovec is a Fellow in the American College of Cardiology, and has served as Chairman of the Physician Workforce Advisory Committee, Governor for the State of Virginia and on the Board of Trustees, all in this organization. He is a Fellow and a past President of the Society for the Cardiac Angiography and Interventions. Dr. Vetrovec is a Past-President of the Association of Professors of Cardiology, an organization of his Cardiology Chair peers in academic cardiology. He is also a member and Past President of the Association of University Cardiologists, a select, 125 member group of leadership in Academic Cardiology. Dr. Vetrovec's International recognition includes membership in the Irish Cardiac Society, Royal College of Physicians of Thailand (Fellow) and the European Society of Cardiology (Fellow)

In addition to administrative, research and teaching activities, Dr. Vetrovec is an active clinical cardiologist, including performing catheterization and interventional procedures. In 1997, he was awarded "Clinician of the Year" by his physician colleagues in the University practice. He has also been recognized as one of the Best Doctors in the United States by Woodward/White, Inc. for over 12 years. Other clinical recognitions include the U.S. Registry of Who's Who of Outstanding Americans and One of the Country's Outstanding Cardiologists by Women's Day publication.

Dr. Vetrovec has served extensively within the Volunteer structure of the American Heart Association including President of the Richmond Council and the Virginia Affiliate as well as Chairman of the Mid Atlantic Region. He served on the National Board of the AHA in 1989-1990. In addition to his volunteer participation, he has also served as Chairman of the Catheterization Committee of the council on Clinical Cardiology. He co-chaired a State of the Art Program on Interventional Cardiology sponsored by the Clinical Council of the American Heart Association in 1993. In recognition of Dr. Vetrovec AHA contributions, he was awarded the National Award of Merit in 1991 and was the first recipient of the Richmond Golden Heart Award in 1997.



Mary Atwater, Psy.D.
Licensed Psychologist
Bethesda - Potomac - Wash DC
drmatwater@verizon.net
301.807.8417

Dr. Mary Atwater received her doctorate in Clinical Psychology from the University of Denver. She received a Bachelor of Arts in Psychology, magna cum laude, from the University of Colorado, Boulder; and a Bachelor of Science in Biology/Environmental Health from Colorado State University.

Mary has over twenty years of training and teaching experience. Presently, she is chair of the education committee for the CDRP (Collaborative Dispute Resolution Professionals) in Montgomery County, Maryland. For two years she has presented or facilitated monthly education programs for the CDRP membership.

In the foster care system, she developed training and instructed new foster parents to enable them to effectively manage and communicate with their foster children. Following the tragedy at Columbine High School, she served as the violence prevention consultant and implemented violence prevention training in 144 schools for the Jefferson County School District, in Jefferson County, Colorado.

Since moving to Maryland, Mary has worked with the Bethesda YMCA youth services and the Montgomery County Public School's Youth Summit as a parent educator presenting on topics of resiliency in children, parenting teenagers, and surviving high school.

Mary has a private practice in Montgomery County serving children, adolescents, adults and families. She employs cognitive behavioral methods which include mindfulness and Acceptance and Commitment Therapy (ACT).